

## **VOLUNTEER OPENINGS**

**Updated: July 22, 2016**

### **Barber Shop Helper**

*Monday & Tuesday 9:00 am – 12:00 Noon: Thursday 1:30 pm – 3:30 pm*

When you are having a “good hair day” you feel better. Our residents love their little Barber Shop/ Beauty Parlor. They come out looking good and feeling good. You can help by assisting residents to and from their appointments. Entertain residents waiting for their hair to be done. Answer phones and make appointments. Call units to see if residents are ready. Clean and disinfect clippers, scissors and brushes, sweep floor, etc.

### **Day Care: Meet and Greet**

*Openings on: Friday: 8:30 AM—10:00 AM*

Meet and greet participants in our Day Care program as they arrive for the day. Get them set up with some coffee or tea and visit with them while they wait for the program to start. This starts the participants’ day off right, being greeted by a friendly face. Many of them live alone and enjoy the company of others. They will be happy to have you to talk with.

### **Day Care: Recreation Programs**

*Thursday: 1:00 – 3:30 Pm- Walking Program and Entertainment*

Assist getting participants to programs, help set up room. Assist participants by helping them stay engaged, lending a hand when needed, modeling activities. Work with the Therapeutic Recreation staff to clean up after and get participants ready for their next activity.

### **Library & Book Cart**

*Monday, Tuesday or Wednesday: Either Mornings or Afternoons*

Bring our book cart around to the units to provide residents with reading materials. Stock shelves, sort donations, maintain order in the library, clean library shelves, arrange books by type and alphabetize by author. Maintain bookshelves in the Solarium. Must be able to lift boxes and push heavy cart.

### **Medical Suite- Office Help**

*Monday 9:00 am – 12:00 Noon: Tuesday 9:00 am- 12:00 Noon & 1:30 pm – 4:00 pm*

*Wednesday 1:30 pm – 3:30 pm*

Assist residents to and from appointments, help with light office work, answering phones, keeping residents company who are waiting for appointments, filing charts for employee health. Transport resident charts to units. Requirements include office experience, English speaking, and reading ability.

### **Newspaper & Resident Mail Delivery**

*Saturday: 8:30 am or 9:00 am start time (may take 1 – 2 hours)*

Sort and label the morning papers for residents (about 30-40). Bring the newspapers up to the residents’ rooms. Either give to the resident or leave it on their beds.

Sort the residents’ mail by unit. Drop off in the bin at the nurses station for each unit.

### **Pharmacy**

*Any Current Openings Available for Student Volunteers Only*

*Currently Openings: Mondays, Tuesday or Wednesday you can choose hours till 5 pm.*

Schedule with Director of Volunteer Services to see what is currently available.

Assist pharmacists with filling orders, delivering orders and office work.

## **Rehab Therapy: Occupational Therapy**

*Monday – Saturday 8:00 am – 12:30 pm*

*Looking for Steady Adult Volunteer: Fridays 8:30 am – 12:30 pm*

*Student Volunteer Shifts will be discussed and scheduled at training*

**Students often apply a semester ahead of time to obtain a shift. \***

Keep our residents active & independent. Rehab therapy can assist residents in being able to perform tasks independently and have better balance and mobility. Assist the Rehab staff by bringing residents to the treatment rooms, motivating and assisting residents while they are receiving rehab. Deliver charts, stock supplies.

## **Rehab Therapy: Physical Therapy**

*Looking for Steady Adult Volunteer: Monday & Thursday 9:00 am – 12:30 pm*

*Additional Shifts Available for Student Volunteers Monday thru Friday 9:00 am -12:30 pm*

**Students often apply a semester ahead of time to obtain a shift. \***

Keep our residents active & independent. Physical Therapy can assist residents in being able to perform tasks independently and have better balance and mobility. Assist the Rehab staff by bringing residents to the treatment rooms, motivating and assisting residents while they are receiving rehab. Walk behind the therapist and resident with the wheelchair in case the resident needs to sit down suddenly. Deliver charts, stock supplies.

## **Rehab Therapy (OT & PT)**

**Students\* Please Note\*** Shifts are limited and competitive. We assign shifts based on the applicant's demonstration of interest, responsibility and timeliness. Be mature and responsible, get your papers in and show interest by staying in touch and coming in for your assigned shift.

## **Reflections Unit Volunteers**

*BINGO- Wednesdays 2:30 pm – 4:00 pm*

Provide our residents living on the Reflections Unit with some special attention. The Reflections Unit is our unit specializing in assisting residents who have Dementia (such as Alzheimer's). This is a safe, closed unit for the residents. Residents with this condition need a lot of individual attention and stimulation. We need help with the **Recreation Programs** on the unit, 7 days a week from 10-12 and 2-4. You are helping provide care to and brighten the day of our residents with this difficult medical condition. You can pick a day and shift that meets your needs and availability. Training and support will be provided.

## **Religious Services**

*Catholic Mass; Sundays: 10 am – 12 Noon*

*Jewish Services; Fridays: 10:30 am -12:30 pm*

*Protestant Services; Sundays: 3:00 pm – 4:30 pm*

## **Therapeutic Recreation**

The Home's philosophy is "Food and Fun". Enjoying life and being engaged are very important, you're never too old to learn new things. Help our residents stay active in the community, and engaged in life.

## **Recreation Volunteer- In House Programs**

Assistance needed 7 days a week, mornings, afternoons, and a few evenings. Choose a set schedule, or pick and choose weekly (based on your interest and availability). Weekends & Evenings are a High Priority. Shifts are usually 2 hours. Encourage & motivate residents to attend and participate; assist them to and from programs.

## **Pinochle Tuesday and Thursdays 10 am – 11:30 am**

Play Pinochle card game with the residents. If you don't know the game, training can be provided. Work with other volunteers in providing this activity to the residents.

## **Community Trip Volunteer**

**Must attend a volunteer trip training in order to become qualified to sign up for trips.**

Trips are usually Wednesdays, some evenings and weekends, times vary. Assist the Residents on community trips. Help brighten a resident's week by helping them enjoy this special activity. Must be able to push, pull and lift. Trips include: shopping, restaurants, sporting events, fishing in season, racetrack (must be at least 21), movies (must be at least 18), museums, etc.